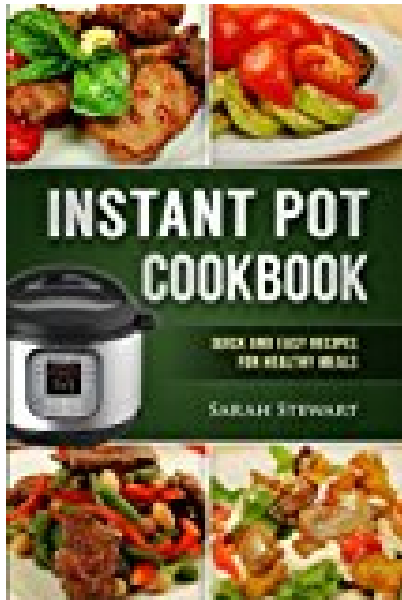


# Instant Pot Cookbook Quick and Easy Recipes for Healthy Meals

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## BOOK DETAILS

- Author : Sarah Stewart
- Pages : 168 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1540686167

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## **BOOK SYNOPSIS**

Make Meal Planning A Cinch With Healthy, Family-Friendly Pressure Cooker Recipes Maybe you already own an Instant Pot®--but do you realize all that your pressure cooker can achieve? Are you ready for the perfect electric pressure cookbook companion for your Instant Pot®? With The Instant Pot® Electric Pressure Cooker Cookbook, you'll explore an inspiring variety of healthy, easy-to-make pressure cooker recipes--from savory breakfasts to hearty stews to decadent desserts, and more. Packed with nutritious, family-friendly pressure cooker recipes--plus vegetarian, gluten-free, and Paleo-friendly options--The Instant Pot® Electric Pressure Cooker Cookbook is your go-to guide for fuss-free, all-in-one cooking. Unlock the endless possibilities for creating a wide range of delicious one-pot dishes, with:

- No-fuss meals: discover 100+ pressure cooker recipes using only wholesome, healthy ingredients
- Low-maintenance: prep times, pressure levels, and cooking times accompany each recipe
- Handy prep labels: from super-fast meals (20-minutes-or-less) to longer prep times (45-minutes-or-less to one-hour-or-longer) to kid-friendly dishes
- No pressure pressuring tips: Instant Pot® tips and techniques help you master your skills

### **INSTANT POT COOKBOOK QUICK AND EASY RECIPES FOR HEALTHY**

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